



Falcons Female Academy

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Talent is often defined as one who possesses certain skill, ability or expertise all of which is repeatable. Furthermore, this talent is not reliant on physical size or strength. This is even more relevant in the case of the 14 to 18 year old players we look to engage in the West Perth Academy. Talent in football can come in a number of forms and any combination of attributes can make a promising player.

At West Perth as a simple rule we follow the following five principles as a starting point.

Kicking Efficiency	Decision Making	Inside/Outside Play	Defensive Qualities	Pace vs Endurance
<ul style="list-style-type: none"> ➤ The player must be able to consistently hit targets both by hand and foot. ➤ Kick left and right and execute a variety of kicks. 	<ul style="list-style-type: none"> ➤ Under pressure, the player must consistently use the best option under time and physical constraints. 	<ul style="list-style-type: none"> ➤ Is the player strong in the contest, can they win the ball in tight contested areas? ➤ Or is the player better used on the outside because they have pace and good skills? ➤ Combination of both? 	<ul style="list-style-type: none"> ➤ Competitiveness: - does the player have a never give up mentality? ➤ Does the player aggressively attack the football and their opponent? ➤ Does the player have the ability to apply pressure through tackling and running. 	<ul style="list-style-type: none"> ➤ Is the player's speed an asset to their game or is their endurance an asset or do they have an elite combination of both

Then applying the attributes of the player into game sense across the three phases of Australian Football

When we have the ball	When they have the ball	When the ball is in dispute
<ul style="list-style-type: none"> ➤ What does the player do when their team is in possession? <ul style="list-style-type: none"> ○ Do they have the ability to read the play or find space? ○ Do they have an understanding of good running patterns? ○ Do they talk to their team mates? 	<ul style="list-style-type: none"> ➤ What does the player do when the opposition has possession of the ball? <ul style="list-style-type: none"> ○ Do they immediately man up on opponent? ○ Do they understand of defensive running (pushing back)? ○ Do they benefit the team through pressure acts, tackling and constructive talking? 	<ul style="list-style-type: none"> ➤ What does the player do when the ball is in dispute? <ul style="list-style-type: none"> ○ Do they demonstrate competitiveness through pressure acts, finding space, blocking, constructive talking, running patterns and reading the play (offensively and defensively)?

The aim of the Falcons Academy is to nurture the skills and abilities of the young players within our district, by engaging with them once a week as part of our U18's training where they will have opportunities to be included into our High Performance Strength and Conditioning conducted by APHQ. They will then enjoy a dedicated session of skills and game sense training with a specialised coach, who will prepare them for the higher levels of football.

The knowledge they will gain will prove invaluable for not only the individuals, but the community teams they are part of, participation in the academy will also give them visibility and potential opportunities to be part of the WP U18's squad* or even enhance their chances amongst the State Development programs and competitions.

A \$150 participation fee is required at time of registration, which will include

- Dedicated Academy Coach
- 15 weeks – Skill and Game Sense Training
- Special Academy Training Top
- West Perth FC Account Details
BSB 633-000 A/C 151 537 586
Please put **Surname AcademyW** in comment so we can find on bank statement



*Additional costs may be required if successfully selected into WP U18's Squad

Our Academy Coach

Scott Kounis

- 13 Years coaching Junior Football
- 2 Years coaching Amateur Football
- 2 Years coaching West Perth Development
- 1 Year coaching as part of West Perth Rogers Cup



Falcons Female Academy Applicant Information

Full Name: _____ DOB: _____
Last First

Address: _____
Street Address

Phone: _____ Email _____
City State PostCode

Medical History:

Have you been diagnosed with any health conditions which may affect your involvement in various forms of exercise?

Yes or No (If yes, please provide details on the health condition, including medication/treatment necessary)

Football Background

School Played : _____

Community Club: _____

Parent/Guardian

Parent/Guardian
Name: _____

Phone: _____

Email: _____

